

## MOBILE MAMMOGRAPHY SERVICES Preparing for your visit to the mobile mammography coach.

Saint Thomas Health is excited to bring life saving mammography to your doorstep. Mobile Mammography is designed for screening age women who meet the following criteria:

- At or over the age of 40
- Not experiencing any breast problems (pain, lump, etc.)
- Not diagnosed with breast cancer in the past three years
- Not being followed by a physician for breast problems
- Not pregnant
- Not breast feeding
- A year since last screening mammogram

## How to Prepare for Your Mammogram Tell your Health Professional if you:

- Have breast implants. Breast implants require a modified mammogram method.
- Have previously had a benign breast biopsy. Knowing the location of scar tissue will help the radiologist read your mammogram accurately.

### On the day of the Mammogram

- Wear a two-piece outfit to easily undress above the waist.
- Do not use any deodorant, perfume, powders, or ointments on your breasts. The residue left on your skin by these substances may interfere with X-rays.
   (We will provide deodorant for use after the exam.)

## **Event Details**

DATE

MARCH 19, 2024

8:00 AM - 1:45 PM

# LOCATION FIRSTBANK FAIRVIEW BRANCH

2202 FAIRVIEW BLVD., FAIRVIEW, TN 37062

### CONTACT FOR SCHEDULING

FOR APPOINTMENTS CONTACT ALLI GREEN - 615-799-7700

#### NOTES

PLEASE BRING YOUR INSURANCE CARD. FINANCIAL

ASSISTANCE IS AVAILABLE TO THOSE THAT QUALIFY.







